

10/28/2022

I AM AN INFECTION PREVENTIONIST

THE MUSICAL

By Allen E. Karz

I am an Infection Preventionist is a romantic and educational musical that tells the story of Angela, a 26-year-old Infection Preventionist at Valley Hospital.

She meets George a single ER Physician. Neither is seeking a romantic relationship, but Angela is so sweet and bright that George is smitten.

The music revolves around the important activities that Infection Preventionists spearhead in the hospital including good hand hygiene, environmental sanitation, and antibiotic stewardship.



We hope you fall in love with Angela and George as they fall for each other and now know the essential role Infection Preventionists fulfill in hospitals throughout the world.

I AM AN INFECTION PREVENTIONIST A MUSICAL

MAIN CHARACTERS: **ANGELA, INFECTION PREVENTIONIST**
 GEORGE, ER PHYSICIAN

ACT 1
SCENE 1

TIME: **MORNING**
PLACE: **HOSPITAL WARD**

SONGS: **(1) YOU WASH GOIN' IN/OUT** 
 (2) I AM A VIRTUAL WASHING MACHINE 

3 NURSES DANCE AS THEY ENTER AND EXIT 3 ADJACENT PATIENT ROOMS. THEY ANSWER PATIENT CALLS, WASH HANDS ON ENTRY AND EXIT. THEY DISPLAY WASHED HANDS TO THE PATIENTS. THEY TAKE VITAL SIGNS, HAND OUT MEDICINES, AND ENTER DATA INTO THEIR RESPECTIVE FREE-STANDING COMPUTERS. ANGELA ENCOURAGES THE NURSES, CLEANS THE COMPUTER KEYBOARDS, TAKES CULTURE SAMPLE OF THE FLOOR, FILLS A GEL DISPENSER THAT HAS JUST RUN DRY. ANGELA STREAKS BACK AND FORTH (ON ROLLER SHOES) AS SHE DOES THESE TASKS ENTHUSIASTICALLY.

NURSES SING: **YOU WASH GOIN' IN, YOU WASH GOIN' OUT**

Nurse #1: YOU WASH GOIN' IN, YOU WASH GOIN' OUT
 YOU WASH IF YOU TOUCH THINGS LYIN' ABOUT
 TWO HANDS IN THE AIR SHOWS THE PATIENT WE CARE
 THAT'S WHAT IT'S ALL ABOUT

Nurse #2: YOU WASH GOIN' IN, YOU WASH GOIN' OUT
 YOU WASH THOUGH WE ARE INTO A FULL-BLOWN DROUGHT
 TWO HANDS IN THE AIR SHOWS THE PATIENT WE CARE
 THAT'S WHAT IT'S ALL ABOUT

Nurse #3: YOU WASH GOIN' IN, YOU WASH GOIN' OUT
 YOU WASH WHEN YOU TOUCH A PATIENT WITH GOUT
 TWO HANDS IN THE AIR SHOWS THE PATIENT WE CARE
 THAT'S WHAT IT'S ALL ABOUT

NURSES SING: **I AM A VIRTUAL WASHING MACHINE**

NURSE #1 SINGS: WENT TO THE HOSPITAL THE OTHER DAY
 TO SEE MY PATIENTS AND COLLECT MY PAY
 WASHED MY HAND AT LEAST A THOUSAND TIMES
 NO ONE GOT INFECTED SO I DON'T MIND

CHORUS GROUP: I WAS SOAPING AND GELLING, RUBBING AND SCRUBBING
 IF YOU KNOW WHAT I MEAN
 GIVING A WHOLE NEW MEANING TO HAND CLEANING
 I'M A VIRTUAL WASHING MACHINE

NURSE #2 SINGS: TOOK THOSE VITALS AND PASSED THOSE MEDS
 HELPED A THOUSAND PATIENTS IN AND OUT OF BEDS

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ALL THE TIME I WAS CONSTANTLY WASHING
TAKING EVERY WASHING PRECAUTION

CHORUS GROUP: I WAS SOAPING AND GELLING, RUBBING AND SCRUBBING
IF YOU KNOW WHAT I MEAN
GIVING A WHOLE NEW MEANING TO HAND CLEANING
I'M A VIRTUAL WASHING MACHINE

NURSE #3 SINGS: I CHARTED AND REPORTED TO COMPLY WITH THE FEDS
I HELPED A THOUSAND PATIENTS TO AND FROM THE HEADS
ALL THE TIME I WAS CONSTANTLY WASHING
TAKING EVERY WASHING PRECAUTION

CHORUS GROUP: I WAS SOAPING AND GELLING, RUBBING AND SCRUBBING
IF YOU KNOW WHAT I MEAN
GIVING A WHOLE NEW MEANING TO HAND CLEANING
I'M A VIRTUAL WASHING MACHINE

ALL 3 NURSES APPROACH ANGELA. SHE GIVES EACH NURSE A SQUIRT OF LOTION AND THEY APPLY TO THEIR HANDS.

Nurse #1: Look at my hands

Nurse #2: Mine are raw

Nurse #3: Mine too

Angela: It's tough on hands washing and gelling every time but it protects our patients.

ACT II SCENE 1

TIME: EVENING

PLACE: HOSPITAL CAFETERIA

SONGS: (3) I AM AN INFECTION PREVENTIONIST 
(4) I AM AN ER DOC 

BEFORE STARTING HIS NIGHT SHIFT DR. GEORGE IS SITTING AT A CAFETERIA TABLE PLAYING A POP SONG ON HIS LAPTOP PIANO APP. WHEN ANGELA ENTERS, HE SWITCHES TO "GONNA MOVE MY FEET TO THE SUNNY SIDE OF THE STREET". ANGELA TAP DANCES TO THE NEXT TABLE AND TAKES A SEAT. BOTH LAUGH.

ANGELA: Live music in the hospital cafeteria. That's great, I can practice my dance moves.

GEORGE: I take requests. I haven't seen you here before. Where do you work?

ANGELA: All over the hospital. I'm Angela.

GEORGE: I'm George. Nice to meet you. What do you do?

ANGELA DOES A MARCHING DANCE WHILE SINGING.

ANGELA SINGS: I AM AN INFECTION PREVENTIONIST

ANGELA SINGS: I AM AN INFECTION PREVENTIONIST
I LEAD THE BATTLE AGAINST DEADLY BUGS
THERE IS NO RETREAT, NO SURRENDER
IT'S EITHER THEM OR US

I ORGANIZE AND STRATEGIZE MY INFECTION PREVENTION TEAM
WE SANITIZE AND STERILIZE, WE TERMINALLY CLEAN
WE DEMONSTRATE PERSONAL PROTECTIVE EQUIPMENT

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AT EVERY CONTAGIOUS SCENE

WE TEACH, PREACH AND BESEECH FOR EFFECTIVE HAND HYGIENE

GEORGE: You sure are passionate about your work! You must be super busy during Covid 19.
ANGELA: Yeah, no days off for 3 weeks. It's been crazy. Helping with vaccine inoculation of staff, training everyone in proper PPE use. Setting up special Covid floors with unique air flow requirements. Hand hygiene compliance is high now during Covid. I hope it stays up. What do you do George?
GEORGE: I'm an ER doc. I work the night shift till 7 o'clock.
ANGELA: What kind of patients did you see last night?

GEORGE SINGS: **I'M AN ER DOC**


GEORGE SINGS: I SAW A LADY WHO BROKE HER HIP WHEN SHE TRIPPED
 A SKATEBOARDER WHO BROKE HIS ARM WHEN HE FLIPPED
 A BEE FARMER WHO GOT BADLY STUNG
 A CYCLIST HIT A TREE AND COLLAPSED HIS LUNG

 I SEE STROKES AND HEART ATTACKS
 COUNTLESS FOLKS WITH PAINFUL BACKS
 I SEE ENDLESS VARIETY
 EVERY SEGMENT OF SOCIETY

ANGELA: You must really like it to work nights.
GEORGE: I love it! I sleep in the mornings and afternoons do whatever I please.
ANGELA: What do you like to do on your time off?
GEORGE: I play piano and compose songs. I'm restoring a 1931 Ford Roadster. This is how it's gonna look. (Shows picture of beautiful, restored car on iPhone and appears on big screen above stage)
ANGELA: My dad worked on the family car. I admire a guy who can work on cars.
GEORGE: And I'm training for the Boston Marathon, but I can't seem to get past 8 miles.
ANGELA: What stops you?
GEORGE: My back tightens up. What do you do when you are not preventing infections?
ANGELA: I love all kinds of dance. Especially Irish and ballet. I also do yoga. By the way, yoga is good for back problems. And there are some amazing new treatments that help back spasm.
GEORGE: Maybe you can show me the treatment. Why are you here so late? I take it you work days.
ANGELA: Yes. I teach the student nurses at 7 AM tomorrow but my demonstration patient flaked so I have to make a different lesson plan.
GEORGE: What does the demonstration patient do?
ANGELA: Nothing. He sits in bed while I examine him and teach about hand hygiene.
GEORGE: Maybe I can help. I'm very good at lying in bed and doing nothing.
ANGELA: I couldn't ask you to stay past the end of your shift. You must be exhausted after 12 hours working in the ER.
GEORGE: No problem. Where is your lecture? If I do a good job maybe we can trade services. You can give me a yoga treatment for my back.
ANGELA: Okay. The lecture is in the Education Bldg. ROOM 3 at 7 AM
GEORGE: See you there.

ANGELA AND GEORGE LEAVE IN DIFFERENT DIRECTIONS. GEORGE IS SMITTEN. LEAVES SMILING.

ACT III SCENE 1

TIME: **MORNING**
PLACE: **EDUCATION BLDG**
SONG: **(5) WATER AND SOAP** 

ANGELA IRISH DANCES INTO THE ROOM.

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STUDENT NURSES, 2 MALE AND 2 FEMALE STAND AROUND. GEORGE SITTING SHIRTLESS IN BED

ANGELA: OK if I examine you/
GEORGE: Sure

ANGELA TAPS HIS CHEST, PUTS STETHOSCOPE TO HER EARS, LISTENS TO HIS CHEST.

ANGELA: What do you think? Did I do a proper exam on George?
STUDENT 1: You didn't listen to both sides of his chest.
STUDENT 2: You didn't listen to his heart.

ANGELA DIPS HER HANDS INTO GREEN FOOD DYE AND SMACKS GEORGE'S CHEST FRONT AND BACK. THE DYE DRIPS ALL OVER HIS CHEST AND LEAVES BLOTCHES. GEORGE IS SHOCKED AND GRIMACES.

GEORGE WHAT THE HECK!
ANGELA: The green represents the bacteria that I transferred to Dr. George when I didn't wash before examining him. They reside on my hands and stethoscope. We each have thousands of bacteria on our hands.

ANGELA SHOWS 2 PETRI DISHES GROWING DARK GREEN BACTERIA COLONIES. (SHOWS ON BIG SCREEN)

ANGELA: See these bacterial colonies? I plated them from my unwashed hands 2 days ago. When I examined George without first cleaning my hands, I transferred these bacteria to him, just like the green dye. We MUST wash before and after touching the patient or items in the room, before procedures, and upon exiting the room. Just remember that touching a patient without first thoroughly washing is like slapping green dye on them.

NURSE 2: When do we wash with soap and water? When is gel best?

ANGELA: Good question. Soap and water is better if hands are visibly dirty, after use of the restroom, before eating and if you are dealing with diarrheal disease like C Diff or diarrhea from a norovirus. For most other situations cleaning your hands with gel is fine.

NURSE 3: What is the best way to clean our hands?

ANGELA SINGS: WATER AND SOAP

WATER AND SOAP RUB YOUR HANDS TOGETHER
 CIRCULATE THAT FOAMY LATHER
 RIGHT ON LEFT STEADY AND STRAIGHT
 LEFT ON RIGHT ALTERNATE
 LET THOSE FINGERS INTER-DI-GI-TATE

KNUCKLES TO PALMS AT A RAPID RATE
 GRAB THOSE THUMBS LEFT AND RIGHT ROTATE
 FINGERTIPS TO PALMS AND AGITATE
 SWITCH HANDS AND REITERATE

RINSE WITH WATER, TOWEL DRY TO A HYGIENIC STATE

ANGELA WIPES THE GREEN DYE OFF GEORGE.

ANGELA HANDS OUT WASH INSTRUCTION SHEET. STUDENT NURSES THANK ANGELA AND GEORGE, APPLY GEL AND LEAVE

GEORGE: How did I do? Was I a good demonstration patient?

ANGELA: You were great! If you have recovered from the paint slapping and have time let's go to the hospital gym. I'll show you a yoga exercise so you can run without back pain

GEORGE: Okay

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ANGELA AND GEORGE LEAVE FOR THE GYM

SCENE 2

PLACE: HOSPITAL GYM

GEORGE AND ANGELA SITTING IN THE HOSPITAL GYM ON YOGA MATS

George: Why did you become an infection preventionist?

Angela: It's an interesting story. When I was a kid my dad almost died from an infection in the hospital and I remember an Infection Preventionist figured out what was wrong and saved his life. I was so amazed I knew right then that's what I wanted to be and here I am. Let's fix your back. Where does your back hurt when you run?

George: Right here.

HE POINTS TO HIS LOW RIGHT BACK. SHE POSITIONS HIM ON THE MAT AND DEMONSTRATES THE DOWNWARD DOG AND STANDING FORWARD FOLD.

Angela: You're going to do each pose to the count of five. Now you try the yoga poses and I'll count out loud to 5.

GEORGE PERFORMS THE EXERCISES WHILE ANGELA COUNTS OUT LOUD AND DIRECTS HIS MOVEMENTS. AS HE COMES UP FROM A STANDING FORWARD FOLD. ANGELA SMACKS HIM HARD ON HIS RIGHT LOW BACK (LOUD SLAPPING SOUND)

George: Oww! That hurt. What was that for?

Angela: It's called smack therapy. It should help prevent your back pain. Do these yoga exercises daily. Let me know if you can run further.

ANGELA AND GEORGE LEAVE, GEORGE WALKS STIFFLY HOLDING HIS HAND TO HIS BACK.

SCENE 3

TIME: EVENING

PLACE: HOSPITAL CAFETERIA

GEORGE SEATED DRINKING COFFEE. ANGELA ENTERS AND SITS

ANGELA: How's your back doing?

GEORGE: I can't believe it. I ran 11 miles today with no back pain! It's a miracle!

ANGELA: Glad it helped but don't forget to do those yoga stretches before and after you run. Every day!

GEORGE: OK but I hope you don't need to slug me again.

ANGELA: Not for a while. And how is your car restoration going?

GEORGE: I just got a hood and I'm going to install it next. And by the way I've started writing a song for you.

ANGELA: Oh, let's hear it.

George plays 4 bars of "I'd Be A Loose Canon"

George: That's all I have so far.

Angela: I can't wait to hear the rest.

ANGELA AND GEORGE LEAVE IN DIFFERENT DIRECTIONS. WAVING TO EACH OTHER.

ACT IV

SCENE 1

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TIME: MORNING
Place: LECTURE HALL 3
SONG: (6) HOUSEKEEPERS ARE GREAT 

HOUSEKEEPERS-3 WOMEN, 2 MEN. ALL IN UNIFORMS. SEATED. LONG BROOMS, CLEANING EQUIPMENT AND GIANT UV LIGHTROOM STERILIZATION MACHINE DISPLAYED PROMINENTLY. GEORGE IS SEATED IN BACK OF THE HOUSEKEEPERS. ANGELA POINTS TO ALL THE ITEMS SHE TALKS ABOUT. HOUSEKEEPERS DANCE WITH EQUIPMENT WHILE ANGELA SINGS.

ANGELA: Housekeepers play a critical role in sterilizing the contaminated environment. When the patient has C.diff bacteria form spores that spread throughout the room and out the door. Those spores can survive 6 months or more and require powerful chemicals plus UV light to kill. Your terminal cleaning methods include removing all detachable objects and sanitizing them. You clean lighting and air duct surfaces and walls and everything down to the floor. You do an amazing job.

HOUSEKEEPER: When I clean the hospital I think of the patients as my family and how I want to keep my family safe.

ANGELA SINGS: HOUSEKEEPERS ARE GREAT

ANGELA SINGS: YOU KNOW WHO MAKES OUR HOSPITAL GREAT
 KEEPS US IN AN ORDERLY STATE

IT'S HARD-WORKING HOUSEKEEPERS THAT'S WHO
 LISTEN TO WHAT THEY DO

THEY DECONTAMINATE EACH ROOM AND FLOOR
 THEY CONSTANTLY CLEAN THE CORRIDOR
 CHANGE LINENS. MAKE BEDS UP RIGHT
 SO PATIENTS CAN SLEEP THROUGH THE NIGHT

THEY TERMINALLY CLEAN METICULOUSLY
 INCORPORATE ADVANCED TECHNOLOGY
 INCLUDING STATE OF THE ART U.V.
 TO KEEP ROOMS BACTERIA FREE

THEY RESTOCK TOWELS, SOAP, AND GEL
 SO WHEN WE WASH WE DO IT WELL
 IF THEY WEREN'T HERE I CONFESS
 WE'D BE IN A TERRIBLE MESS

SO WHEN YOU SEE THEM WORKING NIGHT AND DAY
 TO KEEP DEADLY BACTERIA AWAY
 THANK THEM FOR MAKING OUR HOSPITAL GREAT
 AND KEEPING US IN AN ORDERLY STATE

HOUSEKEEPERS THANK ANGELA AND EXIT. ANGELA SEES GEORGE AND WALKS OVER TO HIM.

ANGELA: George, I didn't expect to see you here.

GEORGE: I didn't realize how important floor sanitation is. We need one of those UV light machines in the ER.

ANGELA: I'll talk to our housekeeping director and see if we can get one for you. Have a great day! And remember to do those yoga exercises!

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ANGELA AND GEORGE LEAVE SEPARATELY. GEORGE WATCHES HER LEAVE.

SCENE 2

TIME: EVENING
Place: HOSPITAL CAFETERIA

GEORGE DRINKING COFFEE. ANGELA ENTERS AND SITS AND STARTS WORKING ON HER LAPTOP

ANGELA: Hi! How was your day?

GEORGE: Great! I ran 13 miles. Back held out.

ANGELA: Wonderful. How is your car restoring?

GEORGE: I just installed the carburetor. When I get it done I'll take you for a ride. Why are you here so late?

ANGELA: There is a very sick patient in the ICU with pneumonia complicated by *Acinetobacter baumannii*. It's a bacteria that's resistant to every known antibiotic. Such resistance is becoming frequent now. I belong to APIC, acronym for Association for Professionals in Infection Control and Epidemiology, It's my support group for IP's. I heard a lecture at the June convention by an Infection Prevention Professor in San Diego whose patient became progressively ill, and comatose with resistant *Acinetobacter baumannii*. She located Scientists in Texas and at Walter Reed Hospital and obtained a virus called a phage and administered to him I.V. It saved his life. I'm sending her an email inquiring if phage therapy can help our patient.


GEORGE: I hope you get a quick response. I'm starting my shift in a few minutes. Want to hear what I have so far of your song? (PLAYS 6 BARS)

ANGELA: I feel special. A song just for me.

GEORGE: You are special, Angela. I have to start my shift in the ER. I hope you get a response to your email soon.

ANGELA CONTINUES WORKING AT HER LAPTOP. GEORGE LEAVES. GLANCING BACK AT ANGELA AND HE CATCHES HER SMILING AT HIM

SCENE 3

TIME: MORNING
PLACE: LECTURE ROOM 3
SONG: (7) BAD BUGS TAKE OVER 

ANGELA ADDRESSING 3 FEMALE NURSES AND 2 MALE NURSES IN SCRUBS. GEORGE IS IN BACK OF ROOM. DURING SONG ANGELA POINTS TO COMPUTER AND CLEANS KEYS. HOLDS UP CELL PHONE, PLACES IN UV STERILIZER. SWIPES GEORGES PHONE AND STETHOSCOPE WITH CLEANING WIPE.

ANGELA: Cell phones, computer keyboards, stethoscopes, scrubs get colonized with bacteria and viruses we can't see. We need to disinfect these items. UV light is very effective but if not available use disinfectant swipes repeatedly.

ANGELA SINGS: BAD BUGS TAKE OVER

ANGELA SINGS: BACTERIA AND VIRUSES HANG OUT ON COMPUTER KEYS
THEY HITCH A RIDE AS YOU TYPE YOUR HISTORIES.
IF YOU DON'T CLEAN THEM OFF, THEY'LL DO AS THEY PLEASE
GIVE YOUR PATIENTS THE RUNS AND A TON OF MISERIES

ANGELA: RESISTIVE STAPH COLONIZE YOUR CELLPHONE DAY AND NITE
OUT SMART THEM AND ZAP THEM WITH UV LIGHT

OR YOU CAN SMACK THEM OFF WITH A CLEANING WIPE
THEN KEEP ON SWIPING THEM OUT OF SIGHT

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NURSES SING CHORUS: BAD BUGS TAKE OVER
SO WHAT YOU NEED TO DO
IS CLEAN YOUR GEAR CONSISTENTLY

DON'T LET THEM TAKE OVER YOU

ANGELA: KLEBSIELLA AND PSEUDOMONAS LIKE YOUR CUFFS AND TIE
DITCH THEM. BECOME AN OPEN COLLAR GUY
CHANGE THOSE SCRUBS. PUT ON A NEW ONE EVERY DAY
THAT'S HOW TO KEEP THOSE KILLER BUGS AWAY

ANGELA: VIRUSES THINK YOUR STETHOSCOPE IS A COOL PLACE TO NEST
THEY JUMP TO YOUR PATIENT WHEN YOU LISTEN TO THEIR CHEST
IF YOU CLEAN YOUR STETHOSCOPE, AND DO IT CONSTANTLY
YOU WILL AVOID THIS INFECTIOUS CALAMITY

NURSES SING CHORUS: BAD BUGS TAKE OVER
SO WHAT YOU NEED TO DO
IS CLEAN YOUR GEAR CONSISTENTLY
DON'T LET THEM TAKE OVER YOU

SURGICAL NURSES THANK ANGELA, GEL AS THEY LEAVE. GEORGE LEAVES WAVING AT ANGELA AND SHOWING HER THAT HE IS CLEANING HIS CELL PHONE

SCENE 4

TIME: EVENING
PLACE: HOSPITAL CAFETERIA

ANGELA SEATED. DRINKING COFFEE. GEORGE HOBBLES IN WITH RIGHT FOOT IN WALKING BOOT

ANGELA: What happened to you?

GEORGE: I ran 15 miles and was doing great and then my foot hurt. An MRI shows a hairline stress fracture. I need to rest my foot for 6 weeks and use this walking boot. I messed myself up.

ANGELA: Oh gosh. And you were so looking forward to running the Boston Marathon. I should have warned you to increase those miles gradually.

GEORGE: It's not your fault.

ANGELA: What will you do? I know that running is a big part of your life. When I used to run it kept me in shape and on an even keel. I was relaxed all day.

GEORGE: Yeah. It definitely helped me stay mellow.

ANGELA: You can try some yoga exercises that are good for relaxing. Here is a website

ANGELA SHOWS GEORGE A WEBSITE OF YOGA EXERCISES

GEORGE: Thanks. I'll check it out.

BOTH LEAVE CAFETERIA SEPARATELY

ACT V SCENE 1

TIME: MORNING
PLACE: LECTURE ROOM 3

SONG: (8) DON'T MISUSE ANTIBIOTICS
(9) VOLUNTEERS ARE GREAT



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ANGELA ADDRESSING 2 PHYSICIANS, WEARING WHITE LAB COATS AND 3 PHARMACISTS WEARING BLUE. GEORGE IN BACK OF ROOM.

ANGELA: What is Antibiotic Stewardship? A steward is a person who oversees and takes responsibility for something. As antibiotic stewards we take responsibility for the appropriate use of antibiotics.

**DOCTORS
AND
PHARMACISTS SING:**

DON'T MISUSE ANTIBIOTICS

DOCTORS SING:

DON'T MISUSE ANTIBIOTICS
YOU WILL PREVENT C. DIFF COLITIS

KILL BAD BACTERIA ONLY WHEN YOU SHOULD
KEEP THE GOOD ONES UP IN THE 'HOOD

URI'S USUALLY START OUT GOING VIRAL
ANTIBIOTICS COULD START A DOWNWARD SPIRAL

PHARMACISTS SING:

APPLY A LITTLE LOGIC
HOLD THAT ANTIBIOTIC

GIVE 'EM ZINC, VITAMIN C
CHICKEN SOUP, LOTS OF HOT TEA

IF YOUR PATIENT'S SYMPTOMS ARE THE FLU
AVOID ANTIBIOTICS...CONSIDER TAMIFLU

DOCTORS SING:

FLOXINS CAN CAUSE A TENDON TEAR
AVOID THEM IF THERE'S NO BACTERIA THERE

DC FOLEY CATHETERS JUST AS SOON AS YOU CAN
YOUR PATIENT WILL BE YOUR #1 FAN

CENTRAL LINES NEED TO BE DC'D
THE MINUTE THERE IS NO LONGER A NEED

PHARMACISTS SING:

TREAT CYSTITIS FOR JUST 3 DAYS ...THAT'S THE PROPER PRESCRIPTION
DON'T TREAT LONGER...YOU COULD CAUSE A SUPERINFECTION

IF INDICATED ONE DOSE OF ANTIBIOTIC PRE-OP
AFTER THAT IT'S TIME TO STOP

AND IF YOUR PATIENT NEEDS AN ANTIBIOTIC
RESTORE THEIR BIOME WITH A PROBIOTIC

**DOCTORS
AND
PHARMACISTS SING:**

IF YOU TAKE THIS ADVICE, YOU ARE COOL AND HIP
YOU PRACTICE GOOD ANTIBIOTIC STEWARDSHIP

DON'T MISUSE ANTIBIOTICS
DON'T MISUSE ANTIBIOTICS
DON'T MISUSE ANTIBIOTICS
REPEAT.... FADE

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While music is fading Doctors and Pharmacists dance and sing while going off stage.

ANGELA: You guys are great. Thanks for coming!

GEORGE STAYS. ANGELA WRITES ON BOARD AS VOLUNTEERS, (2 WOMEN AND 2 MEN ALL IN BLUE UNIFORMS, WIDE AGE RANGE) ENTER AND SIT ATTENTIVELY.

A DOG WEARING A VOLUNTEER VEST WALKS UP TO GEORGE WAGGING HIS TAIL AND SITS NEXT TO HIM. GEORGE BEGINS TO PET HIM.

VOLUNTEERS DANCE WHILE SINGING

ANGELA: You volunteers are vital to making our patients comfortable.

VOLUNTEER SING: VOLUNTEERS ARE GREAT

VOLUNTEER #1 SING: WE REASSURE YOUR FAMILY
GIVE DIRECTIONS TOO
SO THEY ARE CALM AND COLLECTED
WHEN THEY TO COME VISIT YOU

VOLUNTEER #2 SING: WHEN YOUR SPIRITS ARE DOWN
WE BRING THEM UP
ITS HARD TO FROWN
WHEN YOU'RE KISSED BY THE HOSPITAL PUP

CHORUS: WE ARE ALWAYS READY TO HELP
AND WE ARE ALWAYS NEAR
WE ARE LOOKING OUT FOR YOU
WE ARE YOUR HOSPITAL VOLUNTEER

VOLUNTEER #3 SING: IT'S TOUGH TO KEEP HANDS CLEAN
WHEN YOU CAN'T WALK TO THE HEAD
WE'LL BRING SOAP AND WATER
SO YOU CAN WASH UP IN BED

VOLUNTEER #4 SING: WE ARE GONNA KEEP YOU COMFORTABLE
DURING YOUR HOSPITAL STAY
AND WE ARE GONNA CHECK UP ON YOU
EVERY SINGLE DAY

CHORUS: WE ARE ALWAYS READY TO HELP
AND WE ARE ALWAYS NEAR
WE ARE LOOKING OUT FOR YOU
WE ARE YOUR HOSPITAL VOLUNTEER

AFTER SINGING ALL LEAVE.

SCENE 3

TIME:

EVENING

PLACE:

HOSPITAL CAFETERIA

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GEORGE SEATED DRINKING COFFEE HE IS NOW IN A NECK COLLAR (BRACE). FOOT STILL IN WALKING BOOT. ANGELA ENTERS AND SITS AT NEXT TABLE.

ANGELA: What happened? Why the neck collar?

GEORGE: I went to your website and found a yoga relaxing exercise called Sirsasana where you stand on your head with your body against the wall. It was SO relaxing but then I felt a snap in my neck, and I couldn't turn my head. Doctor John the Orthopedist says I have a pinched nerve at C6.

ANGELA: Oh no! How long do you need that collar?

GEORGE: I go back to Ortho next week. I'll be OK. It's not your fault

ANGELA: Don't stand on your head or do any more yoga exercises on your own. Please run them by me first. Just work on your car. That should be safe. Tomorrow I'm teaching the importance of hand washing to the kids on the pediatric floor. I dress in a cat outfit. I hate to impose on you, but you can help if you are available. The kids are so enthusiastic, and they love the Sesame Street dress up we do. I am Mimi the cat. And You can be Baxter the hospital dog. It's on the Pediatric Floor at 7:30 AM. There's a piano on the Peds floor. Could you play the hand washing song for them to wash and dance to while I demonstrate good washing?


GEORGE: Sure. And I'll jazz it up!

BOTH LEAVE, SMILING BACK AT EACH OTHER

SCENE 4

TIME: MORNING

PLACE: PEDIATRIC WARD

SONG: (10) WATER AND SOAP 

2 GIRLS, 2 BOYS AGES 9-10 SITTING TALKING TO EACH OTHER ANGELA SEATED REVIEWING NOTES. GEORGE ENTERS, TO ANGELA, SPOTS PIANO, SITS AND STARTS PLAYING BALLET MUSIC FROM SWAN LAKE. ANGELA JUMPS UP AND STARTS DANCING BALLET.

GEORGE: Angela, you're a great dancer!

ANGELA: Thanks George! Play some Wash Your Hands Music for the kids!

**ANGELA
(DRESSED
AS MIMI
THE CAT):**

That's good! Kids we need to wash our hands with soap and water when our hands are dirty, before we eat, after we use the restroom.

ANGELA DEMONSTRATES THE PROPER 8 HAND WASH MOVEMENTS AS GEORGE SINGS AND PLAYS ON THE PIANO EXPRESSIVELY. AS SHE SHOWS EACH KID HOW TO WASH PROPERLY AND THEY DO IT ANIMATEDLY.

GEORGE SINGS

AND PLAYS ON PIANO: WATER AND SOAP

WATER AND SOAP RUB YOUR HANDS TOGETHER
CIRCULATE THAT FOAMY LATHER
RIGHT ON LEFT, STEADY AND STRAIGHT
SWITCH THOSE HANDS, ALTERNATE
LET THOSE FINGERS INTERDIGITATE

KNUCKLES TO PALMS AT A RAPID RATE
GRAB THUMBS LEFT THEN RIGHT ROTATE

FINGERTIPS TO PALMS AGITATE
SWITCH HANDS AND REITERATE
RINSE WITH WATER, TOWEL DRY TO A HYGIENIC STATE

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Boy 1: I don't like cats. They don't really wash their hands.
BOY 2: Yeah, dogs are better.
GIRL 1: Cats are cleaner than dogs. Dogs slobber all over you.
GIRL 2: Yeah, cats are better. Cats even lick their paws.
BOY 1: You girls don't know anything. Cats eat mice. They are filthy dirty.
ANGELA: Baxter, I think that's your cue

GEORGE PUTS ON COSTUME OF BAXTER THE HOSPITAL DOG. SINGS AND DANCES WITH THE KIDS AND THEN GEORGE SITS AT PIANO AND PLAYS AN IRISH JIG. ANGELA, DRESSED AS MIMI THE CAT DANCES AN IRISH JIG WITH THE KIDS TRYING TO KEEP UP AS GEORGE PLAYS FASTER AND FASTER. ANGELA AND ALL

THE KIDS FALL TO THE GROUND LAUGHING.

KIDS LEAVE AND GEORGE AND ANGELA ARE ALONE SITTING ON THE PIANO BENCH

ANGELA: George you were great! Thanks for your help. Tomorrow, I teach hand hygiene to the older kids. If you'll be in the cafeteria tonight, I'll tell you about it.
GEORGE: Yeah, I will be. And by the way do you want to hear what I've added to your song?
ANGELA: I'd love to.

George plays 10 bars.

ANGELA: Wow! I can't wait to hear the rest of it. It has lyrics, right?
GEORGE: I'm working on the lyrics. I hope you like them.

SCENE 5


TIME: EVENING
PLACE: Hospital Cafeteria

GEORGE SEATED DRINKING COFFEE. HIS RIGHT SHOULDER NOW IN A SLING FOOT STILL IN WALKING BOOT, NECK IN COLLAR BRACE. ANGELA ENTERS AND IS AGHAST

ANGELA: NOW what happened George? I just saw you this morning.
GEORGE: You won't believe this. I attached the hood and propped it up. I was working on the engine and the hood started falling. I reached up to stop it and wrenched my shoulder. I think it's just a strain. I'll be OK. I'm going to leave the hood off.
ANGELA: I was going to ask you to be Baxter the hospital dog again tomorrow when I teach hand hygiene to the older kids but I hesitate to ask. You look like a walking catastrophe.
GEORGE: I look worse than I feel. I'll be there at 7:30 AM
ANGELA: No I can't ask you.... it's too much.
GEORGE: I'll see you tomorrow.
ANGELA: OK George, But only if you're sure.

ANGELA AND GEORGE LEAVE

SCENE 6

TIME: MORNING
PLACE: PEDIATRIC WARD
SONG: (11) WASH RAP 

MORNING. 4 OLDER KIDS IN ROOM (2 girls and 2 boys ages 12-14). ANGELA IS DRESSED AS MIMI

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GEORGE IS NOT PRESENT. MIMI DANCES AND DEMONSTRATES PROPER HAND HYGIENE. KIDS AND ANGELA SING, AND HIP HOP TO THE WASH RAP

ANGELA: Did you practice the wash rap I taught you last month?
KIDS: YEAH! Do you want to see our moves?

ANGELA AND

KIDS SING: WASH RAP

IF YOU WASH RIGHT EVERY DAY
YOU WILL KEEP C-DIFF AWAY
IF YOU GEL RIGHT EVERY DAY
YOU WILL AVOID MRSA

SOAP AND WATER, USE YOUR BRAIN
FLUSH C-DIFF DOWN THE DRAIN
AVOID THE RUNS AND A TON OF PAIN
LIKE GETTING HIT BY A METRO TRAIN

REMOVE FOLEYS EXPEDITIOUSLY
TO PREVENT RESISTANT VRE
THOSE BACTERIA MUTATE CONSTANTLY
SO WASH AND GEL PERSISTENTLY

AT LEAST 20 SECONDS OR EVEN MORE
AND PUT ON LOTION SO YOUR HANDS NOT SORE
KEEP KILLER BUGS OFF THIS FLOOR
WE WILL WIN THIS INFECTION WAR

ANGELA: You guys are great! Gel is usually OK but remember to wash with soap and water every time your hands are dirty, you use the restroom and before eating.

ANGELA LEAVES AND WALKS TO THE EMERGENCY ROOM TO LOOK FOR GEORGE.

**ACT VI
SCENE 1**

PLACE: EMERGENCY ROOM

ANGELA IN EMERGENCY ROOM TALKS WITH ER NURSES

ANGELA: Hi. I'm Angela. I work in Infection Prevention. George was supposed to meet me in Peds. He didn't show. Is he OK?

NURSE

JOAN: He was having a lot of shoulder pain, so he went to Ortho to consult with Doctor John. I heard he was having surgery for a torn rotator cuff this morning.

NURSE

BARBRA: Maybe you can explain something to us. Lately Dr. George has acted totally out of character. He said we have to sterilize the floor, he brought in housekeepers and giant UV Lights, he has us cleaning the computers, our cell phones and our stethoscopes constantly.

NURSE

JOAN: And he broke his foot, wrenched his neck doing yoga, screwed up his shoulder. This is a guy who is so straight and predictable you could set your clock. Something has changed.

NURSE

BARBRA: OH, seeing and talking to you Angela...I THINK I know what's happening. And why he is acting strange and injuring himself. I think he's FALLING FOR YOU and that's why he's so distracted.

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ANGELA: You think so? We have been spending a lot of time together and we do have a lot of fun. And he is a really good guy.

NURSE

JOAN: It does explain his sudden unusual behavior and injuries.

NURSE BARBARA TAKES A PHONE CALL.

NURSE


BARBRA: That was Surgery. George just came back to the Ortho Floor.

ANGELA: I'll go to Ortho and see how he is doing.

ANGELA LEAVES

SCENE 2

PLACE: ORTHO WARD

SONG: (12) I REALLY LIKE THIS GUY 

(13) I'D BE LOOSE CANNON 

(14) MY HOSPITAL VISITOR 

ORTHO WARD. GEORGE LYING IN BED. ORTHO NURSE TAKING HIS VITAL SIGNS. SHOULDER AND ARM IN BULKY BANDAGE AND SLING. NECK IN COLLAR, FOOT IN WALKING BOOT. **GEORGE** MOANING AND SLOWLY WAKING FROM ANESTHESIA. ANGELA STANDS OUTSIDE HIS ROOM AND SINGS SWAYING BACK AND FORTH.

ANGELA SINGS

ACAPELLA: I REALLY LIKE THIS GUY

ANGELA:

I REALLY LIKE THIS GUY
LIKE THAT HE LIKES ME
MEANS TOGETHER WE CAN BE A DUALITY

HE LET ME PAINT HIM GREEN AND SMACK HIS BACK
SO HE COULD RUN MORE MILES ON THE HIGH SCHOOL TRACK

I REALLY LIKE THIS GUY
HE HAS PERSISTENCY
HE'S NOT DISCOURAGED OR STOPPED BY ADVERSITY

HE PLOUGHS AHEAD WHEN THE GOING GETS TOUGH
DESPITE AN INJURED FOOT AND NECK AND ROTATOR CUFF

I REALLY LIKE THIS GUY
AND CAUSE HE'S INJURY PRONE
THIS GUY SHOULD DEFINITELY
NOT BE LIVING ALONE

AND JUST TO AVOID ANOTHER MISHAP

I'LL WRAP HIM UP IN BUBBLE WRAP

I REALLY LIKE THIS GUY
I WANT TO BE WITH HIM
LIVE OUR LIVES TOGETHER
TILL OUR EYES GROW DIM

I REALLY LIKE THIS GUY...

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ANGELA GELS HANDS AND SITS NEXT TO WHO IS GEORGE IN BED

GEORGE: I'm seeing an angel; I must be in heaven.

ANGELA: Hi George. I'm so glad you're waking up and surgery went well. I was worried.

GEORGE

GROGGILY: Sorry I missed playing Baxter the dog for your session with the kids.

ANGELA: Don't worry about it. I'm glad you got your shoulder fixed.

GEORGE: Angela I have a confession. I didn't just come to your classes to learn about infection prevention, I came because, I wanted to see you and be near you.

ANGELA: I have a confession too, George. I liked seeing you at my lectures.

GEORGE SINGS: **I'D BE A LOOSE CANNON**

GEORGE SINGS: I'D BE A LOOSE CANNON IF I DIDN'T HAVE YOUR LOVE
I'D FIRE AWAY IN THE MIDDLE OF THE DAY
SHOOTING BIRDS OUT OF THE SKY ABOVE

I'D BE A SHAGGY STRAY DOG, NO ONE WILL TAKE IN
ALWAYS RUNNING AWAY WITH NO PLACE TO STAY
EATING OUT OF EVERY TRASH BIN

YOU ARE MY GUARDIAN ANGEL
YOU ARE MY GUIDING STAR
WHEN I SHOOT MYSELF, AS I USUALLY DO
YOU GIVE ME CPR

I'M LIKE A DISTRESSED SWIMMER
SINKING IN THE SEA
YOU ARE MY PERSONAL LIFEGUARD
YOU SWIM OUT AND YOU RESCUE ME

I'M LIKE AN OLD JALOPY
ALWAYS GETTING STUCK
YOU COME ALONG...JUST IN TIME
YOU ARE MY PERSONAL TOW TRUCK

YOU ARE MY GUARDIAN ANGEL
YOU ARE MY GUIDING STAR
WHEN I SHOOT MYSELF, AS I USUALLY DO
YOU GIVE ME CPR

ANGELA: Aww. That's so sweet. But you can't keep having injuries. You are going to run out of body parts.

NURSES BARBRA AND JOAN KNOCK ON DOOR. WASH HANDS AND ENTER BRINGING COOKIES AND CAKE.

GEORGE SINGS: **VISITOR SONG**

GEORGE SINGS: WHEN THEY BROUGHT ME COOKIES AND CAKE

I DID A DOUBLE TAKE
THEY WASHED THEIR HANDS 'CAUSE THEY UNDERSTAND
HAND HYGIENE KEEPS THE HOSPITAL CLEAN
I'M SURE GLAD THEY WASHED THEIR HANDS FOR ME

GEORGE: IT'S NO FUN TRYING TO LIVE IN A HOSPITAL BED

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BUT IT SURE BEATS THE ALTERNATIVE 6 FEET UNDER INSTEAD

NURSE

BARBRA: Dr George, Joan and I are worried about you. You are making all these changes to the ER. You keep injuring yourself. You need a bodyguard!

NURSE

JOAN: You need someone to look out for you.

NURSE

BARBRA: We nominate Angela. You are already making those changes to the ER she recommends. You should listen to her and take care of yourself.

ANGELA: You don't need to nominate me. I volunteer. But let George speak for himself.

GEORGE: I'll do whatever you say Angela.

DR JOHN ENTERS, GELS HANDS AND EXAMINES GEORGE'S SHOULDER, NECK, AND FOOT.

DR JOHN: How are you doing George?

GEORGE: OK. This is Angela the Infection Preventionist Nurse and of course you know Barbra and Joan.

DR JOHN: Nice to meet you Angela. George, I want you to go to Rehab and get started on some simple range of motion exercises for your shoulder before you go home. Here is a prescription.

DR JOHN WRITES A PRESCRIPTION AND HANDS IT TO GEORGE AND LEAVES

GEORGE: Thanks John.

SCENE 3

PLACE: REHAB UNIT

SONG: (15) **We GOT THE BEST REHAB TEAM** 

(16) **I KNOW YOU ARE NOT AN ANGEL** 

(17) **APPLY THAT GEL** 

TREADMILLS, BICYCLES, ROWING MACHINES. 3 REHAB NURSES.

(George is being flung around from machine to machine while the nurses sing and demonstrate each machine)

REHAB NURSES SING: WE GOT THE BEST REHAB TEAM

REHAB NURSES SING: GO REHAB TEAM...GET THOSE HANDS CLEAN.
GO REHAB TEAM...GET THOSE HANDS CLEAN.

REHAB NURSES SING: IF A STROKE LEFT YOU IN A WEAKENED STATE
THEY USE RESISTANCE AND THEY USE LIGHT WEIGHTS
THEY STRENGTHEN AND INVIGORATE
SO YOU CAN WALK STRAIGHT WHEN YOU AMBULATE

CHORUS: GO REHAB TEAM...GET THOSE HANDS CLEAN.
GO REHAB TEAM...GET THOSE HANDS CLEAN.

REHAB NURSES SING: IF YOUR ENERGY IS GONE POST HEART ATTACK
THE TEAM WILL GET YOU BACK ON TRACK

THEY WILL RETRAIN AND REHABILITATE YOU
SO YOU CAN DO THOSE THINGS YOU WANT TO DO

CHORUS: GO REHAB TEAM...GET THOSE HANDS CLEAN.
GO REHAB TEAM...GET THOSE HANDS CLEAN.

REHAB NURSES SING: THEY USE TREADMILLS, BICYCLES, ROWING MACHINES TOO
THEY EDUCATE, THEY STIMULATE, THEY MOTIVATE YOU

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TO BE THE BEST YOU CAN POSSIBLY BE
THEY RESTORE YOUR VIM, VIGOR, VITALITY

CHORUS: GO REHAB TEAM.... GET THOSE HANDS CLEAN
GO REHAB TEAM.... GET THOSE HANDS CLEAN

REHAB NURSES SING: IF YOU'RE WEAK AS A KITTEN AND YOU FEEL LIKE CRYING
THEY'LL GET YOU STRONG AS A TIGER AND ROARING LIKE A LION
BEFORE YOU KNOW IT IF YOU KEEP ON TRYING
YOU 'LL BE BUFF AS ARNOLD AND YOU'LL BE PUMPING IRON

CHORUS: GO REHAB TEAM.... GET THOSE HANDS CLEAN
GO REHAB TEAM.... GET THOSE HANDS CLEAN

REHAB NURSES SING: SO DON'T DELAY AND DON'T YOU WAIT
DON'T HESITATE OR PROCRASTINATE
DON'T YOU WAIT TILL IT GETS TOO LATE
RETRAIN AND REHABILITATE

CHORUS: GO REHAB TEAM.... GET THOSE HANDS CLEAN
GO REHAB TEAM.... GET THOSE HANDS CLEAN
REPEAT.... FADE

GEORGE'S RIGHT ARM IN PULLEY SYSTEM. GOING UP AND DOWN. GEORGE WINCES IN MILD PAIN

PHYSICAL

THERAPIST: Do these pulley exercises 3 times daily to maintain range of motion. Who is at your home to help with meals and check on you?

ANGELA: I'll help him.

GEORGE HOBBLER WITH ANGELA HELPING HIM AND THEY LEAVE TOGETHER. ANGELA DRIVING. IN A CIRCLE ON THE STAGE. IN HIS BEAUTIFUL REFINISHED ROADSTER WITH HOSPITAL STAFF WAVING

GEORGE SINGS: I KNOW YOU ARE NOT AN ANGEL

GEORGE SINGS: I KNOW YOU ARE NOT AN ANGEL
CAUSE YOU DON'T HAVE WINGS
AND ANGELS DON'T BOTHER
WITH EARTHLY THINGS

BUT I HAVE THIS FEELING
WHEN YOU ARE NEAR
THAT AN ANGEL FROM HEAVEN
IS STANDING HERE

THEY SAY VERY RARELY
AN ANGEL FLIES TOO LOW
AND THEN SHE FORGETS THE WAY
SHE SHOULD GO

SO SHE LANDS ON EARTH
TAKES OFF HER GOLDEN WINGS
AND NO ONE CAN TELL HER
FROM OTHER EARTHLY BEINGS

ANGEL, PLEASE STAY
PLEASE DON'T FLY AWAY
FORGET THE SKY

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FORGET THAT YOU CAN FLY

HERE ON EARTH
IS WHERE YOU NEED TO BE
BRINGING YOUR HEAVENLY LOVE
TO ME

FINALE

ANGELA, GEORGE AND THE CAST INVITE THE AUDIENCE TO SING "APPLY THAT GEL". USHERS HANDOUT GEL TO THE AUDIENCE AND EVERYONE SINGS TOGETHER.

CAST SINGS: APPLY THAT GEL

APPLY THAT GEL, RUB YOUR HANDS TOGETHER
CIRCULATE THAT FOAMY LATHER
RIGHT ON LEFT, STEADY AND STRAIGHT
SWITCH HANDS AND ALTERNATE
LET THOSE FINGERS INTERDIGITATE

KNUCKLES TO PALMS AT A RAPID RATE
GRAB THUMBS LEFT THEN RIGHT ROTATE
FINGERTIPS TO PALMS AGITATE
SWITCH HANDS AND REITERATE
KEEP ON RUBBING TILL DRY TO A HYGIENIC STATE

END